

NATIONAL INDIGENOUS BASKETBALL TOURNAMENT



GO-TO GUIDE

TABLE OF CONTENTS

- 3 Welcome Message
- 4 What To Pack
- 5 8 FAQs
 - 9 Useful Information
- 10 RC Contact Details
- 11 12 Reference Maps
 - 13 Itinerary





WELCOME MESSAGE

Hello and Welcome!

A huge congratulations first of all for being selected to represent your region in the inaugural National Indigenous Basketball Tournament, 2021.

It's an exciting time for everyone here at the IBA and we're looking forward to hosting you on the Gold Coast from 11th April.

We're sure there are lots of questions running through your mind so we have put together this guide to give you all the information you need in preparation for, and during, the NIBT.

Keep this handy little go-to guide with you at all times so you'll always have the information at your fingertips.

Remember that your Regional Co-ordinator (RC) and Team Coach will be there to help & guide you through the week so they should always be your first port of call.

All that's left to say is that we hope you enjoy every moment of this experience so be sure to jump in feet first, wear that jersey with pride and remember to always dream big.

We look forward to watching your journey and success in the NIBT.

See you on the Gold Coast!

From everyone at IBA



WHAT TO PACK

We recommend that you pack the following items for the trip:

- Bag consider having a personal tag or way to identify your bag from others in your team!
- NIBT 2021 travel uniform please wear this on the day of departure
 - Your ICBL training top will also be supplied by your RC for you to use for NIBT training sessions and an official NIBT uniform will be provided to you before the games commence
- Your UA shorts from the ICBL
- Closed shoes to wear on flight •
- Jacket or jumper for the flight •
- Any medication you might need (i.e. inhalers)
- Any ankle guards/strapping/braces that you might need •
- Basketball shoes
- Spare clothes for evenings
- Playing socks ٠
- Socks & Underwear
- Pyjamas ٠
- Toiletries (toothbrush, toothpaste, soap, deodorant, etc) •
- Spending money (not compulsory for non-game or training days only) ٠
- Phone/ Device and charger
- Locks for bags ٠
- Thongs •
- Swimmers
- Anything else you may need for the trip



4

FAQs |

How do I know if I've been selected for the NIBT?

You will receive a selection letter from your Regional Co-ordinator advising that you have been selected. You must complete the required forms that accompany the selection letter for us to confirm your place on the team.

What should I wear for travelling?

You will be issued with a travel uniform to wear - it will help us identify everyone as part of the team and serve as a proud reminder that you will be representing your region in the National Tournament!

Do I have to book my own flight or is travel arranged for me?

Both the travel and accommodation will be booked on your behalf by IBA and the details will be provided to you by your Regional Coordinator.

What time do I need to be at the airport on the day we leave?

Please arrange to make your own way to the airport on departure day and we recommend you be at the airport at least 1.5 hours before your flight departs - please speak to your RC about your booked flight time.

Who do I contact in case of emergency?

As a first port of call you should always speak to your Regional Co-ordinator, or a Team Coach or Manager if they are not available.

Are there travel restrictions due to COVID?

Please refer to the information provided by the Australian Government, you'll find links in the Useful Information section of this guide.



FAQs II

Will I be able to travel with my parents or a family member?

You will be travelling with your fellow IBA teammates along with your Regional Co-ordinator and Team Coach(es) so you will be under the supervision of your RC as soon as you arrive at your departure airport until you arrive back at the airport on the return journey. Of course, your family & friends are welcome to book their own flights & accommodation for the Gold Coast but they must manage their own transport and itineraries.

What is the itinerary for the week and how do I know where I'm supposed to be each day?

There's a simple Itinerary within this guide that will tell you what is happening each day. Your RC will also provide you with detailed information about game schedules, activities, times and locations and this will be given to you prior to departure.

Your RC will also keep you up to date via daily briefing sessions including an introductory brief on the day of arrival.

Will there be access to First Aid if I need it?

There will be First Aid officers as well as Physiotherapists present every day of the NIBT Tournament - your RC will point out the First Aid Zone as part of your first briefing session.

Will I have spare time in the evening to explore the area?

No, attendance is compulsory for every aspect of the program - this includes day and evening activities, training sessions, Inspiration & Motivation sessions, team meetings and meals. Each day of the NIBT is carefully designed to ensure you are able to enjoy and make the most of the program.

Is there a Code of Conduct I have to be aware of?

Yes, your RC will be issuing you with a Code of Conduct form that must be completed and returned. Overall behaviour is expected to be exemplary and to act as role models and young leaders at all times during the program. Any behaviour that falls out with the Code of Conduct will be dealt with accordingly.



FAQs III

Will I be getting a new kit to play in the NIBT?

Yes, NIBT players will be provided with both a travel uniform and kit to train/play in. You will receive your travel uniform prior to departure and your training & playing kit when you arrive.

What meals will be provided during the tournament?

3 meals will be provided each day - breakfast, lunch and dinner. Details of times and venues will be provided to you by your RC.

Do I have to attend every element of the program?

Yes, attendance for every part of the NIBT program is compulsory and you will be supervised by your RC and Team Manager for the duration of each day. There is an action-packed itinerary that runs from the evening of Sunday 11th April to Saturday 17th April and we will require full participation at all times.

How do I get to/from the venue?

Where travel is required between venues, transport will be provided via shuttle bus. Details of the shuttles can be acquired from your Regional Coordinator.

Will funds be provided for food/drinks?

No money is needed for breakfast, lunch or dinner as they will be provided each day. It is up to the individual if they would like to bring spending money for personal use, but this is not required.

How will I wash my clothes?

At the end of every day, your team manager will wash your playing gear ready for the next day's activities.

<u>Will wifi be available?</u>

Yes, wifi will be available and will be managed by team officials.



FAQs IV

Will my family & friends be able to get tickets to watch the tournament?

Yes, each day will be split into 2 sessions - a morning session and an afternoon session. This will allow for a cleaning session in-between and spectator numbers will be limited as per COVID regulations. You will be able to register for tickets online so keep an eye on our social pages for details.

Will my family & friends back home be able to watch any of the games?

Yes, we want as many people as possible to share in the excitement of the NIBT program so parts of the competition will be streamed live. Please keep an eye on our social pages for details as to how to tune in.

What COVID restrictions will be in place?

COVID-19 protocols will be in place for the duration of the NIBT event and both players and participants will be expected to adhere to them for the safety of all involved.

Will children be supervised at all times?

All participants will be under the supervision of IBA officials for the duration of the event, for both day and evening activities.

What will happen if there is a COVID outbreak? Are there contingency plans?

The IBA program has been planned, and will be managed, in accordance with the COVID safe plans that are currently in place. This has, will and should be taken seriously by every IBA team member and participant. Should the situation change at any point, we will take every measure to ensure everyone is kept informed and up to date with any alternative plans that are put in place, in line with any new government announcements.



USEFUL INFORMATION

NIBT Tournament - Runaway Bay Indoor Stadium

- I Sports Drive, Runaway Bay, Gold Coast, QLD, 4216
- **© 07 5581 7082**
- Runaway Bay Indoor Stadium

Jetstar

- **& 131 538**
- ietstar.com/au

Qantas

- Sec. 1300 650 729
- qantas.com.au
- Information for travelling to and from Queensland
- Domestic travel in a COVIDSafe Australia

Indigenous Basketball Australia

🖂 info@indigenousbasketballaustralia.com





RC CONTACT DETAILS







0400 013 966 Kaylyn Zaro



0450 006 098 Ally Wilson

10

GOLD COAST MAP











ITINERARY

SUNDAY 11TH	MONDAY 12TH	TUESDAY 13TH	WEDNESDAY 14TH	THURSDAY 15TH	FRIDAY 16TH	SATURDAY 17TH
	Breakfast IOI	Breakfast TOI	Breakfast IOI	Breakfast IOI	Breakfast IOI	Breakfast TOI
Arrival in Gold Coast Travel to Accommodation	NIBT Training Camp and Motivation & Inspiration Sessions	NIBT Training Camp and Motivation & Inspiration Sessions	Opening Ceremony - NIBT - 	NIBT	NIBT	NIBT
	Lunch TOI	Lunch IOI	Lunch TOI	Lunch IOI	Lunch IOI	Lunch TOI
Briefing Session	NIBT Training Camp and Motivation & Inspiration Sessions	NIBT Training Camp and Motivation & Inspiration Sessions	NIBT	NIBT	NIBT	Prizegiving - Closing Ceremony
Dinner TOI	Dinner IOI	Dinner TOI	Dinner "Ol	Dinner TOI	Dinner TOI	Dinner IOI





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